

365^{days}天 儿童读圣经

Kids Bible Reading Plan

每一天定时阅读。

Read the Bible at a fixed time each day.

阅读前先祷告，求神赐你聪明，可以明白他的话。

Pray first! Ask God to give you wisdom to understand His Word.

想一想：

1. 这章经文有什么关于天父，主耶稣和圣灵的事吗？
2. 有什么事是你应该或不应该去做的？

Things to think about

1. Is there anything you have learnt about God, Jesus or the Holy Spirit in the passage?
2. Does it teach you anything that you should or should not do?

透过祷告，将你今天从圣经中的领受告诉神，求他帮助你照圣经的教训去做。例如：“主耶稣，求你赐给我力量，从今天开始说造就人的好话。”

Pray again! Tell God about what you have learnt from today's passage. Ask Him to help you to do what you have learnt in the Bible. For example: "From today, I will only speak kind words. Lord, please give me strength to do it."

年级小的孩子，可以请爸爸妈妈照着每日的经文读给你听。

For younger children, get your Daddy or Mummy to read to you the verses daily.

每读完一天，就彩色一本 .

Colour one 'Bible' when you have completed reading.





90:1 (shén rén mó xī de qí dǎo) zhǔ a nǐ shì shì dài dài zuò wǒ men de jū suǒ
 (神人摩西的祈祷) 主啊，你世世代代作我们的居所。
 Lord, from the very beginning you have been like a home to us.

90:2 zhū shān wèi céng shēng chū dì yǔ shì jiè nǐ wèi céng zào chéng cóng gèn gǔ dào yǒng
 诸山未曾生出，地与世界你未曾造成，从亘古到永
 yuǎn nǐ shì shén
 远，你是神。
 Before you created the world and the mountains were made, from the beginning to the end you are God.

90:3 nǐ shǐ rén guī yú chén tǔ shuō nǐ men shì rén yào guī huí
 你使人归于尘土，说：你们世人要归回。
 You turn human beings back to dust. You say to them, "Return to dust."

90:4 zài nǐ kàn lái qiān nián rú yǐ guò de zuó rì yòu rú yè jiān de yī gèng
 在你看来，千年如已过的昨日，又如夜间的一更。
 To you a thousand years are like a day that has just gone by. They are like a few hours of the night.

90:5 nǐ jiào tā men rú shuǐ chōng qù tā men rú shuì yī jué zǎo chén tā men rú shēng
 你叫他们如水冲去；他们如睡一觉。早晨，他们如生
 zhǎng de cǎo
 长的草，
 You sweep people away, and they die. They are like new grass that grows in the morning.

90:6 zǎo chén fā yá shēng zhǎng wǎn shàng gē xià kū gān
 早晨发芽生长，晚上割下枯干。
 In the morning it springs up new, but by evening it's all dried up.

90:7 wǒ men yīn nǐ de nù qì ér xiāo miè yīn nǐ de fèn nù ér jīng huáng
 我们因你的怒气而消灭，因你的愤怒而惊惶。
 Your anger destroys us. Your burning anger terrifies us.

90:8 nǐ jiāng wǒ men de zuì niè bǎi zài nǐ miàn qián jiāng wǒ men de yīn è bǎi zài nǐ miàn
 你将我们的罪孽摆在你面前，将我们的隐恶摆在你面
 guāng zhī zhōng
 光之中。
 You have put our sins right in front of you. You have placed our secret sins where you can see them clearly.



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90:9 我们经过的日子都在你震怒之下；我们度尽的年岁好像一声叹息。

You have been angry with us all of our days. We groan as we come to the end of our lives.

90:10 我们一生的年日是七十岁，若是强壮可到八十岁；但其中所矜夸的不过是劳苦愁烦，转眼成空，我们便如飞而去。

We live to be about 70. Or we may live to be 80, if we stay healthy. But all that time is filled with trouble and sorrow. The years quickly pass, and we are gone.

90:11 谁晓得你怒气的权势？谁按着你该受的敬畏晓得你的愤怒呢？

Who knows how powerful your anger is? It's as great as the respect we should have for you.

90:12 求你指教我们怎样数算自己的日子，好叫我们得着智慧的心。

Teach us to realize how short our lives are. Then our hearts will become wise.

90:13 耶和華啊，我們要等到几时呢？求你转回，为你的仆人后悔。

Lord, please stop punishing us! How long will you keep it up? Be kind to us.

90:14 求你使我们早早饱得你的慈爱，好叫我们一生一世欢呼喜乐。

Satisfy us with your faithful love every morning. Then we can sing with joy and be glad all of our days.



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90:15 求你照着 你使我们受苦的日子，和我们遭难的年岁，
叫我们喜乐。

Make us glad for as many days as you have made us suffer. Give us joy for as many years as we've had trouble.

90:16 愿你的作为向你仆人显现；愿你的荣耀向他们子孙
显明。

Show us your mighty acts. Let our children see your glorious power.

90:17 愿主——我们神的荣美归于我们身上。愿你坚立我们手
所做的工；我们手所做的工，愿你坚立。

May the Lord our God show us his favor. Lord, make what we do succeed. Please make what we do succeed.



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诗 Ps 100:1-5 向神欢呼

Shout for joy to the Lord



100:1 (称谢诗。) 普天下当向耶和华欢呼!

Shout to the LORD with joy, everyone on earth.

100:2 你们当乐意侍奉耶和华，当来向他歌唱!

Worship the LORD with gladness. Come to him with songs of joy.

100:3 你们当晓得耶和华是神！我们是他造的，也是属他的；我们是他的民，也是他草场的羊。

I want you to realize that the LORD is God. He made us, and we belong to him. We are his people. We are the sheep belonging to his flock.

100:4 当称谢进入他的门；当赞美进入他的院。当感谢他，称颂他的名！

Give thanks as you enter the gates of his temple. Give praise as you enter its courtyards. Give thanks to him and praise his name.

100:5 因为耶和华本为善。他的慈爱存到永远；他的信实直到万代。

The LORD is good. His faithful love continues forever. It will last for all time to come.



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103:1 (大卫的诗。)我的心哪，你要称颂耶和华！凡在我
里面的，也要称颂他的圣名！

I will praise the Lord. Deep down inside me, I will praise him. I will praise him, because his name is holy.

103:2 我的心哪，你要称颂耶和华！不可忘记他的一切恩惠！

I will praise the Lord. I won't forget anything he does for me.

103:3 他赦免你的一切罪孽，医治你的一切疾病。

He forgives all my sins. He heals all my sicknesses.

103:4 他救赎你的命脱离死亡，以仁爱和慈悲为你的冠冕。

He saves my life from going down into the grave. His faithful and tender love makes me feel like a king.

103:5 他用美物使你所愿的得以知足，以致你如鹰返老还童。

He satisfies me with the good things I long for. Then I feel young and strong again, just like an eagle.

103:6 耶和华施行公义，为一切受屈的人伸冤。

The LORD does what is right and fair for all who are beaten down.

103:7 他使摩西知道他的法则，叫以色列人晓得他的作为。

He told Moses all about his plans. He let the people of Israel see his mighty acts.

103:8 耶和华有怜悯，有恩典，不轻易发怒，且有丰盛的
慈爱。

The LORD is tender and kind. He is gracious. He is slow to get angry. He is full of love.



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103:9 tā bù cháng jiù zé bèi yě bù yǒng yuǎn huái nù
他不长久责备，也不永远怀怒。

He won't keep bringing charges against us. He won't stay angry with us forever.

103:10 tā méi yǒu àn wǒ men de zuì guò dài wǒ men yě méi yǒu zhào wǒ men de zuì niè bào
他没有按我们的罪过待我们，也没有照我们的罪孽报
yīng wǒ men
应我们。

He doesn't punish us for our sins as much as we should be punished. He doesn't pay us back in keeping with the evil things we've done.

103:11 tiān lí dì hé děng de gāo tā de cí ài xiàng jìng wèi tā de rén yě shì hé děng
天离地何等的高，他的慈爱向敬畏他的人也是何等
de dà
的大！

His love for those who have respect for him is as high as the heavens are above the earth.

103:12 dōng lí xī yǒu duō yuǎn tā jiào wǒ men de guò fàn lí wǒ men yě yǒu duō yuǎn
东离西有多远，他叫我们的过犯离我们也有多远！

He has removed our lawless acts from us as far as the east is from the west.

103:13 fù qīn zěn yàng lián xù tā de ér nǚ yē hé huá yě zěn yàng lián xù jìng wèi tā
父亲怎样怜恤他的儿女，耶和華也怎样怜恤敬畏他
de rén
的人！

A father is tender and kind to his children. In the same way, the LORD is tender and kind to those who have respect for him.

103:14 yīn wèi tā zhī dào wǒ men de běn tǐ sī niàn wǒ men bù guò shì chén tǔ
因为他知道我们的本体，思念我们不过是尘土。

He knows what we are made of. He remembers that we are dust.

103:15 zhì yú shì rén tā de nián rì rú cǎo yí yàng tā fā wàng rú yě dì de huā
至于世人，他的年日如草一样。他发旺如野地的花，

People's lives are like grass. People grow like the flowers in the field.

103:16 jīng fēng yī chuī biàn guī wú yǒu tā de yuán chù yě bù zài rèn shí tā
经风一吹，便归无有；他的原处也不再认识他。

When the wind blows on them, they are gone. No one can tell that they had ever been there.



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103:17 但耶和华的慈爱归于敬畏他的人，从亘古到永远；他的公义也归于子子孙孙

But the LORD's love for those who have respect for him lasts for ever and ever. Their children's children will know that he always does what is right.

103:18 就是那些遵守他的约、记念他的训词而遵行的人。

He always loves those who keep his covenant. He always does what is right for those who remember to obey his commands.

103:19 耶和華在天上立定宝座；他的权柄（原文是国）统管万有。

The LORD has set up his throne in heaven. His kingdom rules over all.

103:20 听从他命令、成全他旨意、有大能的天使，都要称颂耶和華！

Praise the Lord, you angels of his. Praise him, you mighty ones who carry out his orders and obey his word.

103:21 你们作他的诸军，作他的仆役，行他所喜悦的，都要称颂耶和華！

Praise the Lord, all you angels in heaven. Praise him, all you who serve him and do what he wants.

103:22 你们一切被他造的，在他所治理的各处，都要称颂耶和華！我的心哪，你要称颂耶和華！

Let everything the LORD has made praise him everywhere in his kingdom. I will praise the Lord.



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121:1 (上行之诗。) 我要向山举目；我的帮助从何而来？

I look up to the hills. Where does my help come from?

121:2 我的帮助从造天地的耶和华而来。

My help comes from the Lord. He is the Maker of heaven and earth.

121:3 他必不叫你的脚摇动；保护你的必不打盹！

He won't let your foot slip. He who watches over you won't get tired.

121:4 保护以色列的，也不打盹也不睡觉。

In fact, he who watches over Israel won't get tired or go to sleep.

121:5 保护你的是耶和华；耶和华在你右边荫庇你。

The LORD watches over you. The LORD is like a shade tree at your right hand.

121:6 白日，太阳必不伤你；夜间，月亮必不害你。

The sun won't harm you during the day. The moon won't harm you during the night.

121:7 耶和华要保护你，免受一切的灾害；他要保护你的性命。

The LORD will keep you from every kind of harm. He will watch over your life.

121:8 你出你入，耶和华要保护你，从今时直到永远。

The LORD will watch over your life no matter where you go, both now and forever.

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150:1 nǐ men yào zàn měi yē hé huá zài shén de shèng suǒ zàn měi tā zài tā xiǎn néng lì
你们要赞美耶和华！在神的圣所赞美他！在他显能力
de qióng cāng zàn měi tā
的穹苍赞美他！

Praise the Lord. Praise God in his holy temple. Praise him in his mighty heavens.

150:2 yào yīn tā dà néng de zuò wéi zàn měi tā àn zhe tā jí měi de dà dé zàn měi tā
要因他大能的作为赞美他，按着他极美的大德赞美
他！

Praise him for his powerful acts. Praise him because he is greater than anything else.

150:3 yào yòng jiǎo shēng zàn měi tā gǔ sè tán qín zàn měi tā
要用角声赞美他，鼓瑟弹琴赞美他！

Praise him by blowing trumpets. Praise him with harps and lyres.

150:4 jī gǔ tiào wǔ zàn měi tā yòng sī xián de lè qì hé xiāo de shēng yīn zàn měi tā
击鼓跳舞赞美他！用丝弦的乐器和箫的声音赞美他！

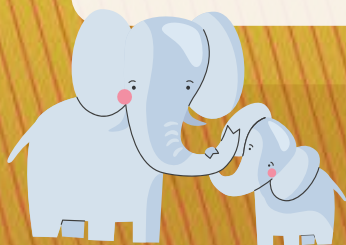
Praise him with tambourines and dancing. Praise him with stringed instruments and flutes.

150:5 yòng dà xiǎng de bó zàn měi tā yòng gāo shēng de bó zàn měi tā
用大响的钹赞美他！用高声的钹赞美他！

Praise him with clashing cymbals. Praise him with clanging cymbals.

150:6 fán yǒu qì xī de dōu yào zàn měi yē hé huá nǐ men yào zàn měi yē hé huá
凡有气息的都要赞美耶和华！你们要赞美耶和华！

Let everything that has breath praise the Lord. Praise the Lord.



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3:1 我儿，不要忘记我的法则（或译：指教）；
你心要谨守我的诫命；

My son, do not forget my teaching. Keep my commands in your heart.

3:2 因为他必将长久的日子，生命的年数与平安，加给你。

They will help you live for many years. They will bring you success.

3:3 不可使慈爱、诚实离开你，要系在你颈项上，刻在你心版上。

Don't let love and truth ever leave you. Tie them around your neck. Write them on the tablet of your heart.

3:4 这样，你必在神和世人眼前蒙恩宠，有聪明。

Then you will find favor and a good name in the eyes of God and people.

3:5 你要专心仰赖耶和华，不可倚靠自己的聪明，

Trust in the LORD with all your heart. Do not depend on your own understanding.

3:6 在你一切所行的事上都要认定他，他必指引你的路。

In all your ways remember him. Then he will make your paths smooth and straight.

3:7 不要自以为有智慧；要敬畏耶和华，远离恶事。

Don't be wise in your own eyes. Have respect for the LORD and avoid evil.

3:8 这便医治你的肚脐，滋润你的百骨。

That will bring health to your body. It will make your bones strong.



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3:9 nǐ yào yǐ cái wù hé yī qiè chū shú de tǔ chǎn zūn róng yē hé huá
你要以财物和一切初熟的土产尊荣耶和华。

Honor the LORD with your wealth. Give him the first share of all your crops.

3:10 zhè yàng nǐ de cāng fáng bì chōng mǎn yǒu yú nǐ de jiǔ zhà yǒu xīn jiǔ yíng yì
这样，你的仓房必充满有余；你的酒榨有新酒盈溢。

Then your storerooms will be so full they can't hold everything. Your huge jars will spill over with fresh wine.

3:11 wǒ ér nǐ bù kě qīng kàn yē hé huá de guǎn jiào (huò yì chéng zhì)
我儿，你不可轻看耶和华的管教（或译：惩治），
yě bù kě yàn fán tā de zé bèi
也不可厌烦他的责备；

My son, do not hate the LORD's training. Do not object when he corrects you.

3:12 yīn wèi yē hé huá suǒ ài de tā bì zé bèi zhèng rú fù qīn zé bèi suǒ xǐ ài
因为耶和华所爱的，他必责备，正如父亲责备所喜爱
de ér zǐ
的儿子。

The LORD trains those he loves. He is like a father who trains the son he is pleased with.

3:13 dé zhì huì dé cōng míng de zhè rén biàn wéi yǒu fú
得智慧，得聪明的，这人便为有福。

Blessed is the one who finds wisdom. Blessed is the one who gains understanding.

3:14 yīn wèi dé zhì huì shèng guò dé yín zi qí lì yì qiáng rú jīng jīn
因为得智慧胜过得银子，其利益强如精金，

Wisdom pays better than silver does. She earns more than gold does.

3:15 bǐ zhēn zhū huò yì hóng bǎo shí bǎo guì nǐ yī qiè suǒ xǐ ài de
比珍珠（或译：红宝石）宝贵；你一切所喜爱的，
dōu bù zú yǔ bǐ jiào
都不足与比较。

She is worth more than rubies. Nothing you want can compare with her.

3:16 tā yòu shǒu yǒu cháng shòu zuǒ shǒu yǒu fù guì
他右手有长寿，左手有富贵。

Long life is in her right hand. In her left hand are riches and honor.

3:17 tā de dào shì ān lè tā de lù quán shì píng ān
他的道是安乐；他的路全是平安。

Her ways are pleasant ways. All her paths lead to peace.



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3:18 tā yǔ chí shǒu tā de zuò shēng mìng shù chí dìng tā de jù gè yǒu fú
他与持守他的作生命树；持定他的，俱各有福。

She is a tree of life to those who hold her close. Those who hold on to her will be blessed.

3:19 yē hé huá yǐ zhì huì lì dì yǐ cōng míng dìng tiān
耶和华以智慧立地，以聪明定天，

By wisdom the LORD laid the earth's foundations. Through understanding he set the heavens in place.

3:20 yǐ zhī shí shǐ shēn yuān liè kāi shǐ tiān kōng dī xià gān lù
以知识使深渊裂开，使天空滴下甘露。

By his knowledge the seas were separated, and the clouds dropped their dew.

3:21 wǒ ér yào jǐn shǒu zhēn zhì huì hé móu lüè bù kě shǐ tā lí kāi nǐ de yǎn mù
我儿，要谨守真智慧和谋略，不可使他离开你的眼目。

My son, hold on to good sense and the understanding of what is right. Don't let them out of your sight.

3:22 zhè yàng tā bì zuò nǐ de shēng mìng jǐng xiàng de měi shì
这样，他必作你的生命，颈项的美饰。

They will be life for you. They will be like a gracious necklace around your neck.

3:23 nǐ jiù tǎn rán xíng lù bù zhì pèng jiǎo
你就坦然行路，不致碰脚。

Then you will go on your way in safety. You will not trip and fall.

3:24 nǐ tǎng xià bì bù jù pà nǐ tǎng wò shuì dé xiāng tián
你躺下，必不惧怕；你躺卧，睡得香甜。

When you lie down, you won't be afraid. When you lie down, you will sleep soundly.

3:25 hū rán lái de jīng kǒng bú yào hài pà è rén zāo huǐ miè yě bú yào kǒng jù
忽然来的惊恐，不要害怕；恶人遭毁灭，也不要恐惧。

Don't be terrified by sudden trouble. Don't be afraid when sinners are destroyed.

3:26 yīn wéi yē hé huá shì nǐ suǒ yī kào de tā bì bǎo shǒu nǐ de jiǎo bù xiàn rù wǎng luó
因为耶和华是你所倚靠的；他必保守你的脚不陷入网罗。

The LORD is the one you will trust in. He will keep your feet from being caught in a trap.

3:27 nǐ shǒu ruò yǒu xíng shàn de lì liàng bù kě tuī cí jiù dāng xiàng nà yīng dé de rén shī xíng
你手若有行善的力量，不可推辞，就当向那应得的人施行。

Don't hold back good from those who are worthy of it. Don't hold it back when you can help.



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3:28 nǐ nà lǐ ruò yǒu xiàn chéng de bù kě duì lín shè shuō qù ba míng tiān zài lái wǒ bì gěi nǐ
你那里若有现成的，不可对邻舍说：去吧，明天再来，我必给你。

Suppose you have something to give. Don't say to your neighbor, "Come back later. I'll give it to you tomorrow."

3:29 nǐ de lín shè jì zài nǐ fù jìn ān jū nǐ bù kě shè jì hài tā
你的邻舍既在你附近安居，你不可设计害他。

Don't plan to harm your neighbor. He lives near you and trusts you.

3:30 rén wèi céng jiā hài yǔ nǐ bù kě wú gù yǔ tā xiāng zhēng
人未曾加害与你，不可无故与他相争。

Don't bring charges against a man without any reason. He has not harmed you.

3:31 bù kě jí dù qiáng bào de rén yě bù kě xuǎn zé tā suǒ xíng de lù
不可嫉妒强暴的人，也不可选择他所行的路。

Don't be jealous of a man who hurts others. Don't choose any of his ways.

3:32 yīn wèi guāi pì rén wèi yē hé huá suǒ zēng wù zhèng zhí rén wèi tā suǒ qīn mì
因为，乖僻人为耶和華所憎恶；正直人为他所亲密。

The LORD really hates sinful people. But he makes honest people his closest friends.

3:33 yē hé huá zhòu zǔ è rén de jiā tíng cì fú yǔ yì rén de jū suǒ
耶和華咒诅恶人的家庭，赐福与义人的居所。

The LORD puts a curse on the houses of sinners. But he blesses the homes of those who do what is right.

3:34 tā jī qiào nà hǎo jī qiào de rén cì ēn gēi qiān bēi de rén
他讥诮那好讥诮的人，赐恩给谦卑的人。

He laughs at proud people who make fun of others. But he gives grace to those who are not proud.

3:35 zhì huì rén bì chéng shòu zūn róng yú mèi rén gāo shēng yě chéng wéi xiū rǔ
智慧人必承受尊荣；愚昧人高升也成为羞辱。

Wise people receive honor. But the LORD puts foolish people to shame.



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1:1 yóu dà wáng yuē yǎ jìng zài wèi dì sān nián, bā bǐ lún wáng ní bù jiǎ ní sā lái dào
犹大王约雅敬在位第三年，巴比伦王尼布甲尼撒来到
yē lù sā lěng, jiāng chéng wéi kùn
耶路撒冷，将城围困。

It was the third year that Jehoiakim was king of Judah. Nebuchadnezzar came to Jerusalem. His armies surrounded the city and attacked it. Nebuchadnezzar was king of Babylonia.

1:2 zhǔ jiāng yóu dà wáng yuē yǎ jìng, bìng shén diàn zhōng qì mǐn de jǐ fēn jiāo fù tā shǒu
主将犹大王约雅敬，并神殿中器皿的几分交付他手。
tā jiù bǎ zhè qì mǐn dài dào shì nà dì, shōu rù tā shén de miào lǐ, fàng zài tā
他就把这器皿带到示拿地，收入他神的庙里，放在他
shén de kù zhōng
神的库中。

The LORD handed Jehoiakim, the king of Judah, over to him. Nebuchadnezzar also took some of the articles from God's temple. He carried them off to the temple of his god in Babylonia. He put them among the treasures of his god.

1:3 wáng fēn fù tài jiàn zhǎng yà shī pí ná, cóng yǐ sè liè rén de zōng shì hé guì zhòu zhōng
王吩咐太监长亚施毗拿，从以色列人的宗室和贵胄中
dài jìn jǐ gè rén lái,
带进几个人来，

The king gave Ashpenaz an order. Ashpenaz was the chief of Nebuchadnezzar's court officials. The king told him to bring in some of the Israelites. He wanted nobles and men from the royal family.

1:4 jiù shì nián shǎo méi yǒu cán jí, xiàng mào jùn měi, tōng dá gè yàng xué wèn, zhī shí
就是年少没有残疾、相貌俊美、通达各样学问、知识
cōng míng jù bèi, zú néng shì lì zài wáng gōng lǐ de, yào jiāo tā men jiāo lè dǐ de
聪明俱备、足能侍立在王宫里的，要教他们迦勒底的
wén zì yán yǔ
文字言语。

He was looking for young men who were healthy and handsome. They had to be able to learn anything. They had to be well educated. They had to have the ability to understand new things quickly and easily. The king wanted men who could serve in his palace. Ashpenaz was supposed to teach them the Babylonian language and writings.



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1:5 wáng pài dìng jiāng zì jǐ suǒ yòng de shàn hé suǒ yǐn de jiǔ měi rì cì tā men yī fèn
王派定将自己所用的膳和所饮的酒，每日赐他们一份，
yǎng tā men sān nián mǎn le sān nián hǎo jiào tā men zài wáng miàn qián shì lì
养他们三年。满了三年，好叫他们在王面前侍立。

The king had his servants give them food and wine from his own table. They received a certain amount every day. The young men had to be trained for three years. After that, they could begin to serve the king.

1:6 tā men zhōng jiān yǒu yóu dà zú de rén dàn yǐ lǐ hā ná ní yǎ mǐ shā lì
他们中间有犹太族的人：但以理、哈拿尼雅、米沙利、
yà sā lì yǎ
亚撒利雅。

Some of the men were from Judah. Their names were Daniel, Hananiah, Mishael and Azariah.

1:7 tài jiàn zhǎng gěi tā men qǐ míng chēng dàn yǐ lǐ wéi bó tí shā sā chēng hā ná ní yǎ
太监长给他们起名：称但以理为伯提沙撒，称哈拿尼雅
wéi shā dé lā chēng mǐ shā lì wéi mǐ shà chēng yà sā lì yǎ wéi yà bó ní gē
为沙得拉，称米沙利为米煞，称亚撒利雅为亚伯尼歌。

The chief official gave them new names. He gave Daniel the name Beltshazzar. He gave Hananiah the name Shadrach. He gave Mishael the name Meshach. And he gave Azariah the name Abednego.

1:8 dàn yǐ lǐ què lì zhì bù yǐ wáng de shàn hé wáng suǒ yǐn de jiǔ diān wū zì jǐ suǒ
但以理却立志不以王的膳和王所饮的酒玷污自己，所
yǐ qiú tài jiàn zhǎng róng tā bù diān wū zì jǐ
以求太监长容他不玷污自己。

Daniel decided not to make himself "unclean" by eating the king's food and drinking his wine. So he asked the chief official for a favor. He wanted permission not to make himself "unclean" with the king's food and wine.

1:9 shén shǐ dàn yǐ lǐ zài tài jiàn zhǎng yǎn qián méng ēn huì shòu lián mǐn
神使但以理在太监长眼前蒙恩惠，受怜悯。

God had caused the official to be kind and friendly to Daniel.

1:10 tài jiàn zhǎng duì dàn yǐ lǐ shuō wǒ jù pà wǒ zhǔ wǒ wáng tā yǐ jīng pài dìng nǐ
太监长对但以理说：我惧怕我主我王，他已经派定你
men de yǐn shí tǎng ruò tā jiàn nǐ men de miàn mào bǐ nǐ men tóng suì de shào nián rén jī
们的饮食；倘若他见你们的面貌比你们同岁的少年人肌
shòu zěn me hǎo ne zhè yàng nǐ men jiù shǐ wǒ de tóu zài wáng nà lǐ nán bǎo
瘦，怎么好呢？这样，你们就使我的头在王那里难保。

But the official refused to do what Daniel asked for. He said, "I'm afraid of the king. He is my master. He has decided what you and your three friends must eat and drink. Why should he see you looking worse than the other young men who are the same age you are? When he sees how you look, he might kill me."



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1:11 但以理对太监长所派管理但以理、哈拿尼雅、米沙利、亚撒利雅的委办说：

So Daniel spoke to one of the guards. The chief official had appointed him over Daniel, Hananiah, Mishael and Azariah.

1:12 求你试试仆人们十天，给我们素菜吃，白水喝，

Daniel said to him, "Please test us for ten days. Give us nothing but vegetables to eat. And give us only water to drink.

1:13 然后看看我们的面貌和用王膳那少年人的面貌，就照你所看的待仆人吧！

Then compare us with the young men who eat the king's food. See how we look. After that, do what you want to."

1:14 委办便允准他们这件事，试看他们十天。

So the guard agreed. He tested them for ten days.

1:15 过了十天，见他们的面貌比用王膳的一切少年人更加俊美肥胖。

After the ten days they looked healthy and well fed. In fact, they looked better than any of the young men who ate the king's food.

1:16 于是委办撤去派他们用的膳，饮的酒，给他们素菜吃。

So the guard didn't require Daniel and his friends to eat the special food or drink the wine. He gave them vegetables instead.

1:17 这四个少年人，神在各样文字学问（学问：原文是智慧）上赐给他们聪明知识；但以理又明白各样的异象和梦兆。

God gave knowledge and understanding to those four young men. So they understood all kinds of writings and subjects. And Daniel could understand all kinds of visions and dreams.



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1:18 ní bù jiǎ ní sǎ wáng yù dìng dài jìn shào nián rén lái de rì qī mǎn le tài jiàn zhǎng
尼布甲尼撒王预定带进少年人来的日期满了，太监长
jiù bǎ tā men dài dào wáng miàn qián
就把他们带到王面前。

The three years the king had set for their training ended. So the chief official brought them to Nebuchadnezzar.

1:19 wáng yǔ tā men tán lùn jiàn shào nián rén zhōng wú yī rén néng bǐ dàn yǐ lǐ hā ná ní
王与他们谈论，见少年人中无一人能比但以理、哈拿尼
yǎ mǐ shā lì yǎ sǎ lì yǎ suǒ yǐ liú tā men zài wáng miàn qián shì lì
雅、米沙利、亚撒利雅，所以留他们在王面前侍立。

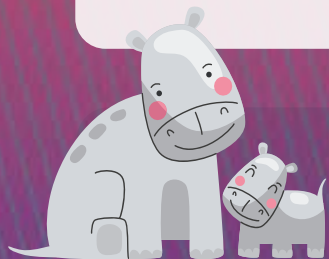
The king talked with them. He didn't find anyone equal to Daniel, Hananiah, Mishael and Azariah. So they began to serve the king.

1:20 wáng kǎo wèn tā men yī qiè shì jiù jiàn tā men de zhì huì cōng míng bǐ tōng guó de shù
王考问他们一切事，就见他们的智慧聪明比通国的术
shì hé yòng fǎ shù de shèng guò shí bèi
士和用法术的胜过十倍。

He asked them for advice in matters that required wisdom and understanding. He always found their answers to be the best. In fact, the men were ten times better than anyone in his kingdom who claimed to get knowledge by using magic.

1:21 dào gǔ liè wáng yuán nián dàn yǐ lǐ hái zài
到古列王元年，但以理还在。

Daniel served in Babylon until the first year Cyrus ruled over Babylonia. Cyrus was king of Persia.



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